

Hunger in America: The Summertime Struggle

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Tricia loves her children. She says 10-year-old Eleanor is “very smart, she loves school, everybody likes her.” (Names have been changed to protect the privacy of those we serve.)

As a mom, she wants her kids to have everything they need. But lately, that’s been a challenge. Tricia suffers from chronic kidney disease. In the past 5 years, she’s had 14 surgeries. When they can’t afford her pain medication, she goes without.

Her husband has been trying to find work for several months. Thankfully, he just got a job, but it’s going to take this family some time to get back on their feet. And that means a tight budget. Especially during the summer months.



“Our cabinets have been empty several times,” Tricia says.

“And some days mom and dad don’t eat because we make sure they eat.”

Imagine how hard it is for this family and so many others to just put food on the table for their children. And providing three meals a day during the summer makes it even more difficult.

“Sometimes we’ve had to sell personal objects to feed them during the summertime,” Tricia explains.

“We even sold a car once to make it through the summer.”

Now that we’re in August, families are thinking about school again.

“It’s very difficult when school starts!” Tricia exclaims. “Not only food, but school supplies, school clothes — and my children are growing like crazy. It’s very expensive.”

“Some days it’s just, it’s heartbreaking,” Tricia shares. “And I think that’s the worst thing, the worst feeling a mother can feel is not being able to feed their child.”

You can provide food and essentials for a family in need. Your support can help fill the gap. You can fill the empty cabinets for a mom like Tricia so she can put food on the table for Eleanor and her three other children.