



Bringing More Resources to the Nonprofits Changing Our World

For decades, donors have joined together through the collective power of workplace giving, and your support of America's Charities and our nonprofit members has made an incredible difference to the most vulnerable worldwide - THANK YOU!

You can continue this great tradition by giving through this year's Combined Federal Campaign (CFC), or through your employer's charitable giving program. All it takes to bring us closer to world-changing impact is \$1 per paycheck. Each dollar you donate brings us closer to helping the nonprofits who are changing our world.

Below, and on the following three pages, you can easily find CFC-qualified charities that match your passions. For a full list of America's Charities' 140+ nonprofit members and to learn more about workplace giving, please visit www.charities.org/express.



Employment, Community Improvement, and Capacity Building

Whether a person has a disability, is struggling to get by on a low income, or has simply hit a rough patch and needs a little help, job training, life skills improvement, housing assistance, and a network of support can help a person achieve economic independence. \$5/week can help someone learn vital computer skills, or help teach four people how to find a job and navigate career pathways, or provide a woman with a complete outfit to be job interview-ready.



CFC #10359



CFC #86444



CFC #21166



CFC #16428



Animals, Environment, and Sustainability

Proper investment and care is critical to protecting our natural resources, conservation that advances economic well-being of people and their communities, finding loving homes for pets, and preventing unsustainable pressures on our environment that wreak havoc on ecosystems and cause water and food shortages. \$12/week can plant 48 trees thus offsetting 60 tons of carbon dioxide emissions, or provide care for a rescued pet from intake to adoption, or help educate a classroom of kids about population growth's impact on people and our environment, or help convert miles of unused railroad corridors into public recreation trails.



CFC #10641



CFC #10351



CFC #11632



CFC #42164



CFC #10630



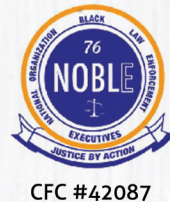
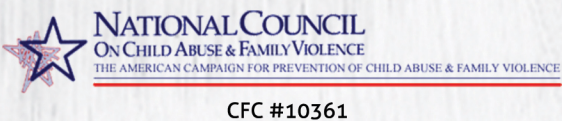
CFC #90065

#1DollarBringsUsCloser | www.charities.org/express



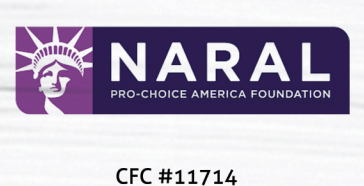
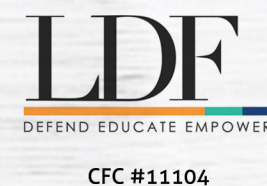
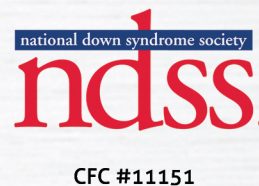
Law Enforcement, Bullying, and Abuse

More than 900,000 sworn law enforcement officers have committed to serving and protecting U.S. people from child or domestic violence, homicide, physical assault, and other crimes. Unfortunately, every 58 hours, an average of one officer will die from performing such duties. \$5/week can provide 24 hours in a safe home for a family left homeless by domestic violence, or commemorate our fallen heroes by helping engrave one name on the National Law Enforcement Officers Memorial.



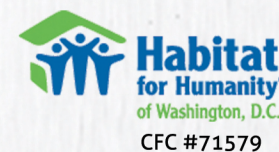
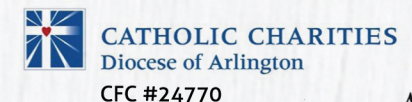
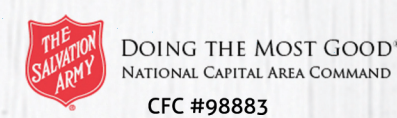
Civil Rights, Social Action, and Advocacy

A lot of litigation, public education, media outreach, advocacy, and lobbying goes into safeguarding our civil liberties, defending our constitutional rights, and protecting minorities, women, immigrants, people with disabilities, and the poor. \$2/week can support advocates on the ground defending the rights of vulnerable people, or ensure that the needs and concerns of the nation's deaf and hard of hearing community are well represented on the national level, or provide teachers access to materials and tools to teach tolerance to children in the classroom, or help advocate for the rights of those with Down syndrome and provide adult caregiver services and resources to individuals caring for an adult with Down syndrome, or educate 800+ high school students to prevent underage drinking.



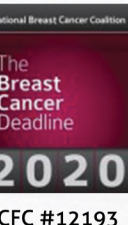
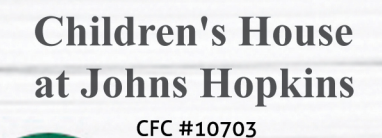
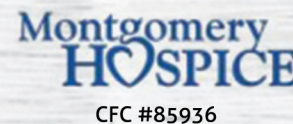
Hunger and Poverty

40 million Americans struggle with hunger, the same as the number of people officially living in poverty. Though they often go hand in hand, poverty is just one of several issues tied to hunger. Unemployment, household assets, and even demographics can also make it difficult to access the nutritious food people need to thrive. \$10/week can help furnish the entire home of a family, or provide 5,200 families with meals, or help provide a family with funds to cover moving expenses, enabling them to take the first step to self-sufficiency.



Health Care and Grant Making

Paying for health care is the number one cause of bankruptcy filing every year in the U.S. About 75% of all U.S. health care dollars are spent on patients with one or more chronic conditions, many of which are preventable, such as diabetes, obesity, heart disease, lung disease, and others. \$5/week can screen several men and women for prostate or breast cancer, or provide one night of lodging and activities for a family while their child participates in ground-breaking medical trials at the National Institutes of Health (NIH), or provide assistive technology for a couple people with communications disabilities.





Arts, Culture, and Humanities

The arts offer much more than just mere entertainment. They contribute to economic vitality. They celebrate and support the humanities and living cultures, and preserve and nurture a sense of place and a healthy planet for future generations. There's also a strong relationship between arts and cultural engagement and educational achievement, health, and well-being. \$2/week can help save America's historic places, or provide free tickets and after-school workshops to more than 3,000 Washington, DC-area high school students, or it can help produce public programs of intellectual integrity and cultural merit.



CFC #99581



CFC #56138



CFC #11287



CFC #60981



Medical Research

Medical research is critical to advancing how we treat disease, to improving quality of life, and for discovering cures. \$5/week can support research from world renowned scientists working for the diabetes cure, or supply lab equipment to help find new treatments for those who suffer from debilitating chronic pain, or help educate people about how they can prevent cancer and detect it in its earliest, most treatable stage, or provide funding to advance our understanding of the human brain and Alzheimer's disease.



Saving babies. Supporting families.

CFC #11243



CFC #30518



CFC #10324



CFC #10892



CFC #10701



CFC #11359



CFC #25881



CFC #11715

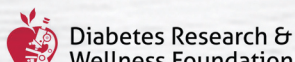


The Best Hope for a Cure®

CFC #11149



CFC #11154



CFC #11629



Education, STEM, and Youth Development

Quality education shapes the destiny of future generations and our country. \$1/week can provide every child in a low-income classroom with essential school supplies, or assist a student who doesn't have transportation purchase a bus or train pass for the week to get to his or her job or internship, or allow for one or more kids to experience a week of camp, learning in the natural world, or spending a week in an after-school program staying ahead in their studies, or buying supplies to contribute to a local service project.



CFC #11691



CFC #58827



CFC #74703



CFC #58004



Reading Is Fundamental
CFC #10948



CFC #77198



CFC #76521



CFC #73876



CFC #98682



CFC #11634



CFC #33970



CFC #12008



CFC #10700



CFC #11073



CFC #12007



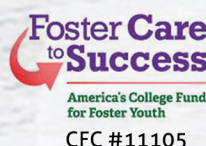
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CFC #11574



CFC #86801



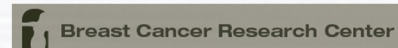
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CFC #12117



CFC #10883