

Hunger in America: Running out of Food

Posted by Staff in Focus on Food on September 15, 2016

Cathy loves her children. She describes 3-year-old Saul as “very smart” and 2-year-old Carla as “very sassy.” She tells me that Carla is her miracle baby — she was on a ventilator for the first 2-1/2 weeks of her life.

Coming close to losing her has created an extra sense of protectiveness. That makes it especially tough on Cathy when she struggles to provide for Carla and Saul.

“I do run out of food, and it’s sad—sometimes it breaks my heart,” Cathy says.

“There are countless times that I’ve broken down crying because I didn’t have nothing for the kids, or nothing for myself,” she says.

What makes it even more frustrating for Cathy is that she has a full-time job at a canning factory. But it’s not enough.

“I get paid every Thursday, but by the time that I pay my bills, I have maybe enough money to put in my gas tank so I can make it back and forth to work...” Cathy explains.

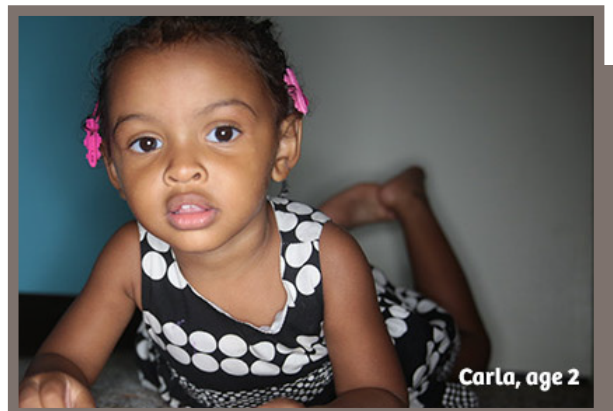
Cathy wants to go to school to become a pharmaceutical technician so she can earn a better income, but wonders how she can take classes and still work to provide for her family. The day-to-day struggle is very real.

“Running out of food is — it makes me just feel like a bad mom sometimes and I don’t like that feeling...” Cathy says. “I like to make sure my kids are well taken care of.”

You can help defeat hunger by providing food and essentials for a family in need. Your support can help a mom like Cathy put food on the table for her two children.



Saul, age 3



Carla, age 2

